Heather Friedmann is an accomplished public servant with extensive progressive and professional experience in all aspects of public relations, legislative research and public policy. She currently serves as a Public Policy Manager for Tufts Health Plan’s public plans division within the Government Affairs department in Watertown, MA. At Tufts Health Plan, Heather is a member of Women Together, the company’s largest Business Resource Group, has previously co-led a cleanup with the Esplanade Association as part of the company’s annual Volunteer Day, and is a recent graduate of the company’s mentorship program.

Prior to her current role, Heather worked for nearly 10 years at the Massachusetts State House, as a Research Director in the House of Representatives. After graduating from the Extension School with an ALM in Sustainability and Environmental Management in 2009, she joined staff of the Joint Committee on Environment and Natural Resources, and later spent two legislative sessions with the Joint Committee on Transportation. She worked on over 1800 pieces of legislation while at the State House.

Heather’s also an experienced surface designer, creating over 200 fabric, wallpaper, and gift wrap designs on Spoonflower. One of Heather’s designs is being used by Jennifer Diederich, contestant on Project Runway Season 5, for her Spring 2019 collection of escape coats. Heather’s designs have been featured on Spoonflower’s Instagram page and in the Spoonflower promotional video “Find Your Sound”. Some of Heather’s designs are sold as finished products – ABC Boston baby blankets, MBTA “T” tea towels, and watercolor map pillows-- in her Etsy shop, cityette.

“My time at the Extension School was formative of both my personal and professional life. I credit the Extension School with helping me to hone my critical thinking skills, engage in creative problem solving, and manage my time effectively. As a member of the Board of Directors, I would love to give back to the Harvard community and to share my energy, talents, and time in supporting the school and its alumni. As a Director of Regional Engagement, I’d like to continue the work being done by the Alumni Association to strengthen engagement and assist in growing the school’s outreach potential and impact.”

Heather and her husband, Arturo Ramos, ALM ’08, both attended Harvard Extension School together. They live in Quincy with their four kids.